



# Calvert County NEWS

175 Main Street  
Courthouse  
Prince Frederick, Maryland 20678  
Phone: 410-535-2003  
www.co.cal.md.us

*Board of Commissioners*

**Mike Hart**  
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## **FOR IMMEDIATE RELEASE**

**Date:** July 12, 2018  
**Contact:** Heather Skyrm, Public Information Program Assistant  
410-535-2003 Email: [Heather.Skyrm@calvertcountymd.gov](mailto:Heather.Skyrm@calvertcountymd.gov)  
Linda S. Vassallo, Director, Communications & Media Relations  
410-535-2003 Email: [Linda.Vassallo@calvertcountymd.gov](mailto:Linda.Vassallo@calvertcountymd.gov)

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## **Take the Pledge to Eat Fresh Every Day During Buy Local Week, July 21-29**

**PRINCE FREDERICK, Md. – July 12, 2018** – In conjunction with the state of Maryland and the Southern Maryland Agricultural Development Commission, Calvert County will celebrate the bounty of local agricultural products during Buy Local Week, July 21-29, by highlighting the benefits of buying local products from area farms, farmers markets, farm stands and watermen.

The Calvert County Board of County Commissioners will officially proclaim July 21-29 “Buy Local Week” during its meeting Tuesday, July 17, and will encourage county residents to take the pledge to eat at least one item every day from a local farm during the week. There are endless ways to participate in the 11<sup>th</sup> annual statewide “Buy Local Challenge.” Add one or two local items a day to your meals – perhaps fresh eggs and bacon with breakfast, a snack of local fruit or veggies, a glass of local wine or some Chesapeake Bay blue crabs caught by a local waterman.

You may even consider extending your personal challenge throughout the whole summer. Consider the impact you could have in your own backyard by shopping and visiting with neighborhood farmers and watermen while helping stimulate Calvert County’s economy.

“Buying local is a healthy choice for your family but also ensures that our farmers and watermen will continue the long-standing tradition of agriculture in Calvert County,” said Calvert County Department of Economic Development Agriculture Development Specialist Jennifer Pettko. “From farmers markets and roadside stands to local wineries and breweries, the opportunities for citizens to buy local are endless.”

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Residents are encouraged to visit the county's many [roadside stands](#) as well as the farmers markets during this week and throughout the summer. Stop by one of the following markets:

***Calvert County Farmers Market Association Markets:***

- **Tuesdays** in Prince Frederick in the CalvertHealth Medical Center parking lot 3-7 p.m., through Nov. 20
- **Saturdays** in Barstow at the Calvert County Fairgrounds on Route 231 7:30 a.m.-noon, through Nov. 17
- **Sundays** in Solomons at the Solomons Visitor Center 11 a.m.-2 p.m., through Sept. 9

***Private/Municipal Market:***

- **Fridays** in North Beach between 5<sup>th</sup> and 7<sup>th</sup> streets and Bay Avenue 6-9 p.m., through Oct. 5

Citizens can also celebrate Buy Local Week during the second annual Buy Local Challenge Celebration held Monday, July 30, from 5:30-8:30 p.m. The celebration features farmers and producers from Southern Maryland and will be held at Greenstreet Gardens located at 391 W. Bay Front Road in Lothian. There will be live music, food trucks, items for purchase and activities for the whole family.

For more information about where to purchase local produce, meats and other products, visit [www.calvertag.com](http://www.calvertag.com). To learn more about Maryland's Buy Local Challenge and to get recipes, visit [www.buylocalchallenge.com](http://www.buylocalchallenge.com).

For more information about the Calvert County Department of Economic Development, our sites and attractions and the services available to assist county businesses, call 410-535-4583 or 301-855-1880, send an email to [info@ecalvert.com](mailto:info@ecalvert.com) or visit online at [www.ecalvert.com](http://www.ecalvert.com). Like Calvert County Government on [Facebook](#).

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